

Hidden Falls Regional Park



History

In 1887 Hidden Falls Regional Park was selected by Horace Cleveland, a nationally known landscape architect and park planner, as one of four major park sites for the city of Saint Paul. No improvements were made in Hidden Falls Park until 1936-37, when the Works Progress Administration (WPA) under President Franklin D. Roosevelt carried out an extensive improvement program on the site. Featured in the park was a small spring-fed waterfall from which the park got its name.

General Information

The name of this park is "Hidden" Falls, but there are plenty of trail signs to lead you to the small falls. The view of the falls is best in the spring as the snow is thawing, such as late March to mid-April, or after a significant rainfall.

The waterfall is created by an underground aquifer fed by a large area of the county that picks up water and through gravitational pull runs down toward the Mississippi River.

There are piles of sediment left behind by floods in 1993, 1997 and 2001. City workers are working to remove the silt to get it back to its original appearance.

Activities: The park contains 6.7 miles of paved trails, many of which run along the shady wooded bottomlands next to the Mississippi, and connects to the [Crosby Farm Nature Area](#). In the Hidden Falls Regional Park parking lot, fishing activity is prominent. Sportsmen catch game fish such as walleyes, sauger, northern pike and muskie in the Mississippi River.

Hours: Please call for more information.

Location: There are two entrances to the park located at the north and south end along Mississippi River Blvd South slightly west of Hwy 5 in St. Paul.

Contact Information: Call [Saint Paul Parks and Recreation](#) at (651) 266-6400.